

# Countryfriends83

Ecole de Danse

## Hello Mary Lou

Count: 32 Wall: 2 Level: Beginner  
Choreographer: Herb Dula – Nov. 2015  
Music: Hello Mary Lou by: Band4dancers

### CHARLESTON STEP

- 1-2 Sweep/touch right forward, sweep/step right back
- 3-4 Sweep/touch left back, sweep/step left forward
- 5-6 Sweep/touch right forward, sweep/step right back
- 7-8 Sweep/touch left back, sweep/step left forward

### SIDE SHUFFLES

- 1&2 Right side shuffle RLR
- 3&4 1/4 turn Left side shuffle LRL
- 5&6 1/4 turn Right side shuffle RLR
- 7&8 1/4 turn Left side shuffle LRL

### WALK WALK, SHUFFLE, ROCK RECOVER, COASTER STEP

- 1-2 Walk, Walk RL,
- 3&4 Right shuffle forward RLR
- 5-6 Rock right forward, recover left back
- 7&8 Left coaster, Step left back & step right foot beside left, step left forward

### HEEL JACKS, 1/4 MONTEREY

- &1&2 Back on right at the same time Left heel forward, step Left down at the same time touch Right in place
- &3&4 Back on right at the same time Left heel forward, step Left down at the same time touch Right in place
- 5-8 Point right toe to R side, make 1/4 turn on ball of left foot stepping right foot beside left,  
Point left to left, Bring Left to home and take weigh

**At the end of dance you will be doing the 1/4 side shuffles, just keep shuffling back to the front wall**



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